

The Jersey Girl Study

*A study of Environmental Factors,
Growth, and Development
in New Jersey Girls.*



FACTS:

- **An early onset of puberty increases breast cancer risk.**
- **Girls in the U.S. have been developing earlier.**



ROBERT WOOD JOHNSON
MEDICAL SCHOOL
University of Medicine & Dentistry of New Jersey



We are conducting a study in New Jersey to better understand why some girls develop earlier than others. Just one local office visit (less than an hour) required for the study. Other study materials can be completed at home.

Participants can get:

- ❖ A free analysis of their dietary intake,
- ❖ Body measurements including percent body fat
- ❖ A \$25 gift card and other small incentives, such as the "Jersey Girl Study Pen"
- ❖ The satisfaction of helping others

Who can participate?

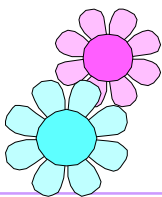
- ❖ 9 and 10 year-old girls
- ❖ Living with her biological mother
- ❖ Able to speak and read English (both girls and their mothers)

Who cannot participate?

- ❖ Twin girls
- ❖ Girls with certain chronic conditions (like diabetes or severe asthma)



Get the "Jersey Girl Study Pen" after you sign up!



If you would like to receive more information please contact us at

732-235-9860 or

jerseygirlstudy@umdnj.edu