# **Fight Cancer**

### Breast Cancer Signs, Symptoms & Facts

## The most common symptoms for breast cancer include:

- A new lump or mass
- Swelling of all or part of a breast (even if no distinct lump is felt) skin irritation or dimpling (looks like an orange peel)
- Breast or nipple pain
- Nipple retraction (turning inward)
- Redness, scaliness or thickening of the nipple or breast skin
- Nipple discharge (other than breast milk)

In 2020 in the United States, it is estimated that there will be

### 276,480 NEW CASES OF FEMALE BREAST CANCER

and an estimated 42,170 women will die of this disease.

Breast cancer is the **most common cancer** in **American women**, except for skin cancers.

Although it is less common in males, this year an estimated **2,620 men** will be diagnosed with breast cancer and approximately 520 will die.



#### PROTECT, DETECT, PREVENT

At Clara Maass Medical Center, we offer the best in breast cancer prevention, detection and treatment - including state-of-the-art technology, the latest diagnostic services, breast health information, and a multidisciplinary team of specialists to facilitate evaluation, coordinated treatment, and follow up care. From routine screenings to the latest technology, including 3D mammography, you'll benefit from a team of rigorously trained radiologists and breast surgeons who work together to ensure that you have the best possible outcome.

**5-10%** of breast cancers can be **genetically linked** to a parent.



#### RUTGERS

Cancer Institute of New Jersey
RUTGERS HEALTH

Let's beat breast cancer together.



<sup>\*</sup>Statistical Source: breastcancer.org/symptoms/understand\_bc/statistics