





	Monday	Tuesday	Wednesday	Thursday	Friday
January 2022 Circle of Support	3 	4	5	6	7 Mindfulness Meditation 8 AM
	 10 Time to Talk Breast Cancer Support Group 2 PM	11 Guided Imagery 2 PM	12 Living with Cancer Support Group 7 PM	13 	14
<i>All support groups and programs are free & open to patients and family members</i>	17 MARTIN LUTHER KING DAY No Programs	18 	19	20 Mindfulness Meditation 5 PM	21 BMT – Bone Marrow Transplant Support Group 1 PM
Support Groups – Blue Mindfulness/Relaxation Groups - Pink Educational – Green Special Event Program - Red	24 Time to Talk Breast Cancer Support Group 7 PM	25 Guided Imagery 2 PM	26 Living with Cancer Support Group 7 PM Connect, Share & Empower Radiation Therapy Support 10:30 AM	27 	28
<i>Due to current restrictions, supportive programs will be held via Zoom</i>	31 Newly Diagnosed: What to Expect... Support & Education for Breast Cancer 1 PM				<i>Would you like to join us? Please call 732-235-6792 for information and to be provided the Zoom link</i>