

Care of Extravasation Site

Extravasation is the leakage of intravenous drug into the surrounding tissues found under the skin instead of going into the vein. This can sometimes happen even with careful administration. These instructions may help prevent or decrease the damage to the area.

- You need to return to the Rutgers Cancer Institute of New Jersey on _____ (date).
- You will receive a follow up telephone call from your healthcare team.

Follow the **checked** instructions below on the proper care of your extravasation:

- Keep your arm elevated as shown by your nurse for the first 48 hours. Limit the use of your arm during this time. After 48 hours you should use your arm normally.
- Apply an ice compress to the site for 15-20 minutes four times a day for the first 24 hours.
- Apply a warm compress to the site for 15-20 minutes four times a day for the first 24 hours.
- Protect the area from direct sunlight and heat.

Call your healthcare team if you have any of these symptoms or questions:

- A fever of 100.4° F or higher, or as directed by your provider
- Chills
- Worsening pain
- Increased swelling
- Blistering
- Peeling of skin
- Stiffness in the arm or hand of the extravasation after returning to normal activity

If you are in need of immediate assistance, please call 732-235-2465 and select the option that best meets your needs.