

Rutgers Cancer Institute of New Jersey
Community Outreach & Engagement Presents:

DIY Kitchen Diaries:

Plant-Based Cooking for Cancer Prevention

Join Rutgers Cancer Institute of New Jersey and Chef Afi Green in the kitchen for a Zoom culinary webinar series!

Learn how to make healthy plant-based dishes and sharpen your cooking skills in these how-to sessions. Get ready to make & experience great tasting recipes!

Session Dates:

Thursday, 2-10-2022 at 6:30 p.m.
Thursday, 2-24-2022 at 6:30 p.m.
Thursday, 3-10-2022 at 6:30 p.m.
Thursday, 3-24-2022 at 6:30 p.m.
Thursday, 4-7-2022 at 6:30 p.m.
Thursday, 4-21-2022 at 6:30 p.m.

February = African Food Dishes
March = Soul Food Dishes
April = Latin Food Dishes



GET COOKING HERE!

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