FitSurvivor

A fitness program for teen & young adult cancer survivors





Participate in a Free Fitness Program for Teen/Young Adult Cancer Survivors

This research study is to understand the effects of a fitness program designed specifically for young cancer survivors ages 13-25. The program consists of weekly, 90-minute sessions for 2 months and use of a mobile app (you do NOT need to have a smartphone to participate). Participants will receive \$20 gift cards for completing each study assessment over 9 months.

FITSURVIVOR

To Learn More or Sign Up:

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Cancer Institute of New Jersey



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