

## National Cancer Survivors Day June 4, 2023

### What is National Cancer Survivors Day?

National Cancer Survivors Day (NCSA) is an annual, worldwide Celebration of Life that is held throughout the United States, Canada, and other participating countries. NCSA is the world's largest and fastest-growing annual cancer survivor event. The National Cancer Survivors Day Foundation defines a "survivor" as anyone living with a history of cancer – from the moment of diagnosis through the rest of life. During this event, participants unite in a symbolic event to show the world that life after a cancer diagnosis can be a reality. In most areas, NCSA is traditionally observed on the first Sunday in June, although this is not always possible due to scheduling conflicts and time differences.

### What are the Key Statistics about Cancer Survival?

The American Cancer Society estimates that more than 18 million Americans with a history of invasive cancer were alive on January 1, 2022. Most of these people have no current evidence of disease, while others still had signs of cancer and may have been undergoing treatment. It is estimated that there will be about 1.9 million new cancer cases diagnosed in 2023. This number will not include basal and squamous cell skin cancers.

### Cancer Survivorship

As difficult as treatment is, thousands of cancer survivors have said that the experience led them to make important changes in their lives. Taking the time to appreciate each new day, learning to take better care of themselves, learning the value of how others care for them, or becoming national advocates for better cancer research, treatment, and care were some of these significant changes.

The National Cancer Institute has developed a booklet called *Facing Forward: Life After Cancer Treatment*. The information in this booklet is designed mainly for cancer survivors who have recently completed their cancer treatment, but you may find the information helpful even if you were treated a long time ago. Its purpose is to give cancer survivors and their loved ones a better idea of what to expect after treatment ends. It covers what may happen with:

- Your medical care
- Your body
- Your mind and your feelings
- Your social relationships
- Practical matters such as job and insurance issues

You can order a free copy or view online by visiting this website:  
<http://www.cancer.gov/cancertopics/coping/life-after-treatment>.

## **Cancer Clinical Trials**

If you would like further information about clinical trials (available in New Jersey) for cancer, please call the Rutgers Cancer Institute of New Jersey at 732-235-7356 or visit our website at [www.cinj.org/clinical-trials/find-clinical-trial](http://www.cinj.org/clinical-trials/find-clinical-trial). For additional information about nationwide cancer trials, you can call the National Cancer Institute at 1-800-4 CANCER or visit their website at [www.cancer.gov](http://www.cancer.gov).

## **Where Can I Find Further Information About Survivorship?**

The Resource and Learning Center  
732-235-9639

<http://www.cinj.org/rlc>

Provides reliable, relevant and current information about all aspects of cancer.



RLC survivorship website QR code.  
Scan with smartphone / device.

American Institute for Cancer Research  
1-800-843-8114  
<http://www.aicr.org>

Cancer Survival Toolbox  
301.650.9127  
<https://canceradvocacy.org/resources/cancer-survival-toolbox/>

Cancer Survivors Network, The American Cancer Society  
1-800-ACS-2345  
<http://csn.cancer.org>

Cancer Survivorship Research  
301-402-2964  
<https://cancercontrol.cancer.gov/ocs/index.html>

The LITE Program  
732-235-KIDS  
<http://cinj.org/patient-care/lite-program>

Livestrong  
866.467.7205  
<http://www.livestrong.org>

National Cancer Institute  
1-800-4-CANCER  
[www.cancer.gov](http://www.cancer.gov)

National Cancer Survivors Day  
615- 794-3006  
<http://www.ncsd.org>

National Coalition for Cancer Survivorship  
1-877-NCCS-YES  
[www.canceradvocacy.org](http://www.canceradvocacy.org)

National Coalition for Cancer Survivorship: Cancer Survivor's Handbook and Bill of Rights  
[https://canceradvocacy.org/wp-content/uploads/2013/01/Self\\_Advocacy.pdf](https://canceradvocacy.org/wp-content/uploads/2013/01/Self_Advocacy.pdf)

National Institute of Health  
301-496-4000  
<http://www.nih.gov>

The Ulman Cancer Fund for Young Adults  
1-888 393-FUND  
<https://ulmanfoundation.org/>