

Nausea Prevention & Treatment

Moderate: Aprepitant (IV)-Palonosetron-Dexamethasone-Lorazepam

- The following is a calendar to instruct you when to take your medicine.
- These medicines were prescribed to both prevent you from feeling nauseous (“sick to your stomach”) and treat nausea if it occurs after your chemotherapy.
- The days and dates are listed down the left column. The approximate time of day that you should take the medicine is listed across the top.
- It is important to take your medicine as instructed even if you are feeling well. It is easier to prevent nausea and vomiting than to treat it once it occurs.
- If these medicines are not helping you or you think they are causing a side effect(s) please call 732-235-2465 and ask for the Nurse Help Line. Ask for your doctor if after 5 p.m. or on a weekend.

**Aprepitant (IV) = Cinvanti[®], Palonosetron = Aloxi[®],
Dexamethasone = Decadron[®], Lorazepam = Ativan[®]**

| Date | Medication | 8 A.M. | 8 P.M. |
|---|--|---|--|
| Day 1 Date: ____/____/____ <i>Please Circle</i> Sn, M, T, W, Th, F, S | Aprepitant (IV) 130 mg IV injection | Given by a nurse before chemotherapy | |
| | Palonosetron 0.25 mg IV injection | Given by a nurse before chemotherapy | |
| | Dexamethasone 4 mg tablet | Given by a nurse before chemotherapy | |
| | Lorazepam 0.5 mg tablet | | One (1) Tablet Only If Needed |
| Day 2 Date: ____/____/____ <i>Please Circle</i> Sn, M, T, W, Th, F, S | Dexamethasone 4 mg tablet | Two (2) Tablets with food or milk | |
| | Lorazepam 0.5 mg tablet | | One (1) Tablet Only If Needed |
| Day 3 Date: ____/____/____ <i>Please Circle</i> Sn, M, T, W, Th, F, S | Dexamethasone 4 mg tablet | Two (2) Tablets with food or milk | |
| | Lorazepam 0.5 mg tablet | | One (1) Tablet Only If Needed |

If you are in need of immediate assistance, please call 732-235-2465 and select the option that best meets your needs.