

What is informed consent?

Before a patient can participate in a clinical trial they must first give their informed consent to participate. This is done by the patient signing an informed consent document that states that they understand the purpose of the clinical trial, what will happen during the clinical trial, the benefits and risks of the clinical trial, who to contact if they have questions, and are aware of their patient rights.

Who pays the cost of a clinical trial?

Every clinical trial is different. However, expense to the patient should be minimal the patient's health insurance will often cover any of the routine costs for participation. The costs of a clinical trial could be covered by the sponsor of the study - this could be the government, a pharmaceutical or medical technology company.

How do I find a clinical trial?

Rutgers Cancer Institute of New Jersey and RWJBarnabas Health have an extensive list of available clinical trials for all types of cancer. Clinical trials are available at Rutgers Cancer Institute of New Jersey and RWJBarnabas Health facilities across the state. To find a clinical trial visit cinj.org/clinical_trials or call **844-CANCERNJ (844-226-2376)**.

Locations:

- Clara Maass Medical Center
- Community Medical Center
- Jersey City Medical Center
- Monmouth Medical Center
- Monmouth Medical Center Southern Campus
- Newark Beth Israel Medical Center
- Robert Wood Johnson University Hospital
- Robert Wood Johnson University Hospital Hamilton
- Robert Wood Johnson University Hospital Rahway
- Robert Wood Johnson University Hospital Somerset
- Rutgers Cancer Institute of New Jersey
- Saint Barnabas Medical Center

Clinical Trials



Today's treatments for tomorrow's cures

RWJBarnabas
HEALTH

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH

Let's beat cancer together.

Rutgers Cancer Institute of New Jersey is the state's only NCI-designated Comprehensive Cancer Center. Together RWJBarnabas Health and Rutgers Cancer Institute offer the most advanced cancer treatment options close to home.



RWJBarnabas
HEALTH

RUTGERS
Cancer Institute
of New Jersey
RUTGERS HEALTH

Let's beat cancer together.



Overview

As New Jersey's only National Cancer Institute-designated Comprehensive Cancer Center, Rutgers Cancer Institute of New Jersey and RWJBarnabas Health provide patients access to innovative treatment options including clinical trials, precision medicine, and immunotherapy. In addition to clinical trials being available at Rutgers Cancer Institute, many are also available across the state at one of the RWJBarnabas Health hospitals. Our physicians are national leaders in the area of clinical research and are major contributors and leaders on clinical trials from the National Cancer Institute and international cooperative groups providing their expertise to help develop advanced treatment options for patients.

Our physicians also participate in the Big Ten Cancer Research Consortium and the Oncology Research Information Exchange Network (ORIEN), along with other highly regarded research universities and cancer centers across the country.

What is a clinical trial?

Clinical trials are research studies that evaluate new treatment options for diseases such as cancer and help doctors learn which treatments are most effective and may improve a patient's outcome and/or quality of life. Many clinical trials are either new drugs, using current drugs in a new manner, or combining drugs to evaluate their effectiveness. Oncology clinical trials do not use placebos. All of today's successful treatments for cancer are based on results of past clinical trials. Because of progress made through clinical trials, people treated for cancer are living longer today.

What is a phase 1 clinical trial?

Clinical trials are conducted in a series of steps called phases. Each phase of a study has a different purpose and helps answer different questions. Phase 1 clinical trials evaluate the safety of new cancer drugs, drug combinations, and devices. Phase 1 clinical trials offer additional treatment options to patients where standard treatments are no longer helpful or for patients with advanced or difficult to treat cancers. As an NCI-designated Comprehensive Cancer Center, our patients have access to phase 1 clinical trials.

Why is it important to receive care at an NCI-designated Comprehensive Cancer Center?

When diagnosed with cancer it is important for patients to seek the highest level of cancer care available which is often at a National Cancer Institute-designated Comprehensive Cancer Center such as Rutgers Cancer Institute together with RWJBarnabas Health. These centers are known to provide the depth and breadth of cancer research and patient care that is necessary to treat simple, complex and rare forms of cancer. NCI-designated Comprehensive Cancer Centers contain disease experts working in multidisciplinary teams to provide the most advanced and comprehensive patient care.

How do we protect our patients in a clinical trial?

Patient safety and protection is very important. Before each clinical trial is approved, it goes through an in-depth review process, following strict federal guidelines to protect the rights and welfare of participants. An independent institutional review board (IRB) on human subjects research oversees the safety of all clinical trials. Each clinical trial has a principal investigator who is in charge of the study and responsible for the detailed study plan or protocol that explains what will be done and why. The protocol outlines how many patients will participate, what medical tests the patient will receive and how often, and the treatment and monitoring plan. It is important to note that participation in a clinical trial is voluntary and a patient can leave the trial at any time.

