

JFK Professional Development Series

Courses In End of Life & Palliative Care

Thursday & Friday, May 9 & 10, 2013

Thursday, May 9, 2013 . . . Day Program

ADVANCED CARE PLANNING: CONVERSATIONS & STRUCTURE

KEYNOTE SPEAKERS:

J. Andrew Billings, MD & Rachelle Bernacki, MD MS

Thursday, May 9, 2013 . . . Evening Program

OVERCOMING OBSTACLES: COMMUNICATION ON PROGNOSIS & END OF LIFE CONCERNS WITHIN EVERYDAY PRACTICE

J. Andrew Billings, MD & JFK Physician Faculty

Friday, May 10, 2013

PALLIATIVE CARE: EVIDENCE-BASED INTERVENTIONS TO IMPROVE QUALITY OF LIFE IN ACCORDANCE WITH INDIVIDUAL CHOICE & NEEDS

JFK Medical Center & Visiting Faculty

Co-Sponsored By:

*The JFK Bioethics Committee
and
The Office of Continuing Medical Education*

*JFK Conference Center
70 James St.
Edison, NJ 08820*

Thursday, May 9, 2013

THURSDAY DAYTIME: ADVANCED CARE PLANNING: CONVERSATIONS & STRUCTURE

Course Description:

The overarching goal of Advanced Care Planning is to improve the value of care for patients & families, as defined by patients. Early conversations help to ensure that patients receive the care they desire and that family members and clinicians are also at peace with these decisions. Evidence demonstrates that advanced care discussions also lead to more appropriate use of resources and have been associated with 36% overall cost reductions and shorter hospital stays.* This full day course is designed to offer physicians and other clinicians the information and skills needed to discuss advance care planning and end-of-life issues with patients and families. The presentations will cover both inpatient and outpatient situations, as well as introduce the **POLST** (NJ Practitioner Orders Concerning Life-Sustaining Treatment) paradigm. A structured approach to end-of-life conversations for patients with life-threatening illnesses will be demonstrated. Physicians and other clinicians need the knowledge and practice strategies presented within this educational activity in analyzing the evidence related to advance care planning and in developing the required communication competencies. The course also provides a supportive atmosphere and interactive teaching environment in which to share experiences with colleagues facing similar practice challenges. *Zhang, B. et al, Arch Intern Med. 2009;169(5):480-488. Temel J.S., Greer J.A., Muzikansky A., et al. N Engl J Med 2010; 363:733-742.

Educational Objectives: At the conclusion of this course, participants should be able to:

1. Describe the elements of a goals-of-care discussion.
 2. Summarize a structured approach to end-of-life conversations for outpatient settings.
 3. Demonstrate use of a checklist to facilitate advance care planning discussions.
 4. Complete a New Jersey POLST (NJ Practitioner Orders Concerning Life-Sustaining Treatment) form.
- At the conclusion of this educational activity, participants will be asked to self-assess the achievement of these educational objectives.

Program: J. Andrew Billings, MD & Rachelle Bernacki, MD, MS

11:00 – 11:30am	REGISTRATION / LUNCH
11:30 – 11:45	Opening Remarks – Robin Winter, MD, MMM
11:45 – 12:30pm	Elements of an Advance Care Planning Discussion
12:30 – 1:30	A Structured Approach to End-of-Life Care
1:30 – 1:45	BREAK
1:45 – 2:15	Checklist Demonstration
2:15 – 3:00	A Practicum on Advance Care Planning
3:00 – 4:00	Safeguards in Advance Care Planning: Who Should We Target and What Hazards Need to be Recognized
4:00 – 4:15	Questions & Answers

THURSDAY EVENING WORKSHOP: OVERCOMING OBSTACLES: COMMUNICATION ON PROGNOSIS & END OF LIFE CONCERNS WITHIN EVERYDAY PRACTICE

Course Description:

This evening workshop is designed to further demonstrate how effective communication skills can be applied and integrated within everyday practice. The presented strategies may be transferred to a variety of settings from physician private practices and other outpatient settings to acute, critical care, long term care and palliation programs. Poor communication may lead to ethical dilemmas and malpractice suits.* The goal is to empower physicians and other clinicians to more effectively, comfortably, and confidently discuss advance care planning, prognosis, and other challenging end of life issues with patients, families, and their interspecialty and interdisciplinary colleagues. A panel of JFK doctors within multiple specialties will share some of their most difficult cases and illustrate how they addressed and managed the communication challenges and overcame other challenges in their interactions with patients, families, and treatment team/other colleagues. *(Levinson et al. JAMA 1997; 277(7):553-559. JAMA 1995; 274(20):1591-1598)

Educational Objectives: At the conclusion of this course, participants should be able to:

- 1) Analyze the difficult communication challenges that arise in discussing prognosis and other end-of-life care.
- 2) Utilize strategies that facilitate enhanced comfort level and effectiveness in delivering “difficult news” to patients and families.
- 3) Promote collaboration among primary care/multi-specialty physicians; intensivists, palliative care physicians, and interdisciplinary patient care teams in addressing challenging end of life issues in accordance with the wishes of patients and their surrogates.
- 4) Discuss assessment of competency in patient decision-making with respect to Advance Care Planning & End of Life Decision-Making.

At the conclusion of this educational activity, participants will be asked to self-assess the achievement of these educational objectives.

Program:

4:15 – 4:45pm	REGISTRATION / LIGHT DINNER
4:45 – 6:00	Proactive Communication Strategies to Promote Better Outcomes and Avoid Pitfalls - J. Andrew Billings, MD
6:00 – 6:15	Questions & Answers
6:15 – 6:30	BREAK
6:30 – 7:45	Overcoming Obstacles in Managing End-of-Life Cases and Referring for Palliative Consults – Moderator: Robin Winter, MD; MMM <i>Physician Panel:</i> Daniel Rosenblatt, MD; Jawad Kirmani, MD
7:45 – 8:15	Assessment of Competency - Kenneth Lichtman, MD; Martin Schlakman, MD
8:15 – 8:30	Questions & Answers

KEYNOTE SPEAKERS:

Dr. J. Andrew Billings is the former director of the Palliative Care Service at Massachusetts General Hospital, Associate Professor of Medicine at Harvard Medical School and co-director of the Harvard Medical School Center for Palliative Care. He has taught and written about end-of-life care and communication skills since the late 1970s. Dr. Billings was the Principal Investigator of a 3-year Robert Wood Johnson Foundation grant, Merging the Cultures of Intensive Care and Palliative Care. His major research interests have been in palliative care and supportive psychosocial care of the patient and family. Dr. Billings received his MD from Harvard University and his BA from Amherst College.

Dr. Rachelle Bernacki is the Director of Quality Initiatives in the Department of Psychosocial Oncology and Palliative Care at Dana Farber Cancer Institute and jointly appointed in the Division of Aging at Brigham and Women's Hospital (BWH). She is a palliative care provider and geriatrician, and has devoted her career to improving the care of patients with advanced life-threatening illness. She is the recipient of two Geriatric Academic Career Awards (GACA) from Health Resources Services Administration (HRSA) to promote geriatric education for residents and medical students. Dr. Bernacki recently received the Partners in Excellence award for her efforts to expand palliative care access to non-oncology populations at BWH. She is also the recipient of a Partners HealthCare grant to improve conversations conducted with patients with serious illness, a project jointly administered with Atul Gawande's Health Innovations Research Group at the Harvard School of Public Health.

Audience

Primary Care Physicians	Physiatrists	Physical & Occupational Therapists	Social Workers	Counselors
Oncologists	Nurses	Speech-Language Pathologists	Psychologists	Chaplains
Neurologists	Hospice Professionals	Case Managers	Other Medical Specialties	

Friday, May 10, 2013

PALLIATIVE CARE: EVIDENCE-BASED INTERVENTIONS TO IMPROVE QUALITY OF LIFE IN ACCORDANCE WITH INDIVIDUAL CHOICE & NEEDS

Course Description:

The critical need to enable patients to plan and select their own choices for end of life care extends to decisions regarding palliative care. Whether this care is potentially curative or intended to provide comfort and relief of suffering for terminal illness, patients and the decision makers they designate have a right to determine the interventions most consistent with their values and belief systems, and their definitions of quality of life. In so doing, patients and families may turn to their physicians and other professionals for "guidance" in knowing what options are available and the associated outcomes which they may expect. In order to optimally provide this direction, clinicians need to not only be familiar with the preferences and desires of individual patients, but they also need to be knowledgeable of and apply evidence with respect to different palliative interventions. *Mularski, A. et al., *Proposed quality measures for palliative care in the critically ill: A consensus from the Robert Wood Johnson Foundation Critical Care Workgroup Crit Care Med 2006 Vol. 34, No. 11 (Supple)*. Lecture and discussion formats will be integrated with case-based learning in providing the information and practice strategies consistent with up-to-date evidence on achieving the best palliative care outcomes and resource utilization.

Educational Objectives: *At the conclusion of this course, participants should be able to:*

1. Implement a planning process to start or expand a palliative care program with special attention to avoiding common pitfalls.
2. Identify ethical issues involved in specific palliative care cases and problem-solve appropriate processes to address them.
3. Describe the specific clinical and ethical issues involved in decisions on feeding and nutritional support.
4. Discuss religious and intercultural differences that may impact end of life care decision making and the manner in which the patient, family, and patient care team can effectively converse on these issues.
5. Apply evidence-based information in selecting and administering pharmacological, rehabilitation, integrative, and other holistic interventions for symptom control, pain management, and overall comfort care.

At the conclusion of this educational activity, participants will be asked to self-assess the achievement of these educational objectives.

Program:

7:30 – 8:00am	REGISTRATION / CONTINENTAL BREAKFAST
8:00 – 8:30	Life Threatening Illness and Quality of Life - Pam Bonning, RN, MSN
8:30 – 9:15	One Health Organization's Experience in Implementing & Maintaining a Palliative Care Program – Moderator: Rev. James DeVries, M.Div., BCC; <i>Palliative Care Team Panel:</i> Susan Bauman, MD; Colleen W. Bell, RN, MSN, APN, NP-C; Nancy H. Robbins, MSW, LCSW
9:15 – 9:30	BREAK
9:30 – 10:45	Palliative Care Consults: Identifying Appropriate Cases & Providing Effective, Compassionate Support – Moderator: Jennifer Gozlan, MSW, LCSW; <i>Case Presenters:</i> Sarada Nalamalapu, MD; Kimberly Odell, MD; <i>Panelists:</i> Bernardo Toro-Echague, MD; Mary Jane Christian, MS, RN, BSN, CCRN; Lori Sammartino, RN, OCN; Tracy Grafton, MSW; Renee Kurz, RN
10:45 – 11:15	To Eat or Not to Eat - Lynn M. Cerillo, MS, CCC-SLP
11:15 – 11:30	The Role of Nutrition Support at the End of Life - Kathleen Passarelli, RD
11:30 – 12:15pm	Pharmacological Approaches to Pain Management - Iqbal Jafri, MD
12:15 – 1:00	LUNCH
1:00 – 2:15	Intercultural Dialogue: Integrating Patients' Ethnic & Religious Traditions In Communication - Moderator: Rev. Annari Griesel, PhD; <i>Physician/Pastoral Panel:</i> Rev. George Blackwell, DMin.; Rev. Barbara Crafton; Rev. John N. Fell, STD; Iqbal Jafri, MD; Kumar Puneet, MD; Rabbi David Vaisberg
2:15 – 3:00	The Role of Rehabilitative / Integrative Modalities - Roger Rossi, DO
3:00 – 4:00	Achieving Integrated Focus on Quality of Life as Defined by Each Individual – Moderator / Psychosocial: Mary Aloia, LSW Nursing: Pamela Christy, RN, BSN, CHPN; Spiritual: Rev. Jacqueline Rotteveel, M.Div, BCC; Complimentary Therapies: Maureen David; Physical Therapy: Sharon Arditti, PT

Educational Information

Accreditation: JFK Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit: JFK Medical Center designates this live activity for a maximum of **15.0 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conflict of Interest/Content Validation: The Office of CME of JFK Medical Center utilizes the following mechanisms to identify and resolve conflicts of interest and validate content:
1) Disclosures by faculty and planning committee of any relationships that might create a potential, apparent or real conflict of interest; 2) Disclosures of off-label drug uses to audience;
3) Participant evaluation of CME activity's freedom from commercial bias; and 4) Faculty Attestation of best available evidence.



JFK Johnson Rehab Institute is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to **1.5** ASHA CEUs (Intermediate level, Professional area)

Certificates will be awarded to participants who attend the conference and submit a completed evaluation form. The number of continuing education units (CEUs) awarded will be based upon the number of conference hours attended, and the requirements of the specific accreditation bodies. Applications for CEUs have been made to the following accreditation bodies:

**New Jersey State Board of Physical Therapy Examiners
National Association of Social Workers
Commission for Case Manager Certification**

JFK Johnson Rehabilitation Institute is approved by the **American Psychological Association** to sponsor continuing education for psychologists. JFK Johnson Rehabilitation Institute maintains responsibility for this program and its content.

JFK Johnson Rehabilitation Institute is an **American Occupational Therapy Association (AOTA)** Approved Provider of Continuing Education. This course is offered for **1.5** CEUs (Intermediate level/Content Focus: Domain of OT: Context). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



JFK Johnson Rehabilitation Institute is recognized by the **New York State Education Department's State Board for Physical Therapy** as an approved provider of physical therapy and physical therapist assistant continuing education. This course is offered for **18.0** contact hours.

JFK Medical Center is an approved provider of continuing nursing education by the **New Jersey State Nurses Association**, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

P147-12/12-15

Conference Faculty / Planning Committee

Explanation of Abbreviations

F=Faculty; P=Planning Committee; R=Reviewer; JFK Health System (JFKHS), Edison, NJ; JFK Medical Center, Edison, NJ (JFKMC), JFK Johnson Rehabilitation Institute (JFK-JRI), Edison, NJ; New Jersey Neuroscience Institute (NJNSI @JFKMC), Edison, NJ; University of Medicine and Dentistry of New Jersey – Robert Wood Johnson Medical School (UMDNJ-RWJMS), Piscataway, NJ; University of Medicine and Dentistry of New Jersey – Robert Wood Johnson (UMDNJ-RWJ), Piscataway, NJ; Seton Hall University School of Health & Medical Sciences (SHUSHMS), South Orange, NJ.

JFK FACULTY

The following faculty members have no relevant financial or nonfinancial relationships:

ALOIA, MARY, LSW, Social Worker, Haven-Hospice Program, JFKMC F, P
ARDITTI, SHARON, PT, Director, Women's and Men's Therapy Services, JFK-JRI F
BAYLY, ROBERT, MD, Vice President of Quality and Patient Safety, JFKMC P
BONNING, PAMELA, RN, MSN, Director, Haven-Hospice Program, JFKMC F, P
CERILLO, LYNN M., MS/CCC-SLP, Clinical Consultant, Speech Language Pathology, JFK-JRI F
CHRISTIAN, MARY JANE, RN, BSN, MS, CCRN, Nurse Manager, Critical Care Unit, JFKMC F, P
CHRISTY, PAMELA, RN, BSN, CHPN, Nurse Manager, Haven-Hospice Program, JFKMC F, P
CUZZOLA, ANTHONY, Vice President, Rehabilitation, JFK-JRI; and Long Term Care, JFKMC P
DAVID, MAUREEN, Volunteer Coordinator, Reiki Master, Haven-Hospice Program, JFKMC F, P
GOZLAN, JENNIFER, MSW, LCSW, Clinical Supervisor, Psychosocial Services, Haven-Hospice Program, JFKMC F, P
GRAFTON, TRACY, MSW, Social Worker, Haven-Hospice Program, JFKMC F, P
GRIESEL, ANNARI, REV., PhD, Director, Pastoral Care and Clinical Pastoral Education, JFKMC F, P
JAFRI, IQBAL, MD, Director, Pain Fellowship Program, JFK-JRI; Medical Director, Pain and Cardiac Rehabilitation Program, JFK-JRI; Clinical Professor, UMDNJ-RWJ, Dept. of Physical Medicine and Rehabilitation F
KEANE, CATHERINE, MSN, RN, APN, C, GNP-BC, Clinical Supervisor, Education & Organizational Development Department, JFKMC P, R
KIRMANI, JAWAD F., MD, Director, Neurovascular Program, NJNI@JFKMC; Associate Professor, SHUSHMS F
KOLBER, CAROLE, PhD, Adm. Dir., Professional Development & CME, JFK-JRI; Clinical Assistant Professor, Health Sciences, SHUSHMS P, R
KUMAR, PUNEET, MD, Associate Attending Physician, Departments of Family Medicine and Employee Health, JFKMC F
KURZ, RENEE, MSN, FNP-BC, Nurse Practitioner, Haven-Hospice Program, JFKMC F, P
LARSON, VERONICA, RN, MSN, Clinical Nurse Specialist-Critical Care, JFKMC P, R
LICHTMAN, KENNETH, MD, Chairperson, Department of Psychiatry, JFKMC F
MOSKWA, NANCY, RN, BS, Risk Management Specialist, Risk Management, JFKMC P
NALAMALAPU, SARADA, MD, Physician Consultant, Palliative Care, JFKMC & Clinical Assistant Professor, Internal Medicine, UMDNJ-RWJMS F, P
ODELL, KIMBERLY, MD, Assistant Director, Family Practice Center, CAQ in Hospice and Palliative Medicine; JFKMC F, P
OSER, WILLIAM, MD, JD, Senior Vice President, Medical Affairs & Chief Medical Officer, JFKHS P
PASSARELLI, KATHLEEN, RD, Clinical Nutrition Manager, Food Services, JFKMC F
ROSENBLATT, DANIEL E., MD, Intensivist, Critical Care Medicine, JFKMC, Clinical Assistant Professor of Medicine, SHUSHMS F
ROSSI, ROGER, DO, Director, Sub-acute Rehabilitation Services JFK-JRI; Attending Physiatrist JFK-JRI, Associate Professor of Physical Medicine and Rehabilitation, UMDNJ-RWJMS F, P
ROTTEVEEL, JACQUELINE, REV., MDiv., BCC, Chaplain, Haven-Hospice Program, JFKMC F, P
SAMMARTINO, LORI, RN, OCN, Nurse Manager, Inpatient Oncology Unit/Outpatient Infusion Unit, JFKMC F, P
SCHLAKMAN, MARTIN D., MD, Attending Physician, Department of Psychiatry, JFKMC F
TORO-ECHAGUE, BERNARDO MD, Attending Physician, Internal Medicine & Case Management Physician Advisor, JFKMC F, P
WINTER, ROBIN O., MD, MMM, Chairperson, JFK Bioethics Committee, Medical Director, Family Practice Residency Program, JFKMC, Medical Director, Long Term Care, JFKHS, Clinical Associate Professor, Department of Family Medicine, UMDNJ-RWJ, JFKMC F, P

VISITING FACULTY

The following faculty members have no relevant financial or nonfinancial relationships:

BAUMAN, SUSAN M., MD, Director, Palliative Services, Hunterdon Medical Center; Medical Director, Hunterdon Hospice; Clinical Professor, Family Medicine, UMDNJ-RWJ F
BELL, COLLEEN W., RN, MSN, APN, NP-C, Palliative Services, Hunterdon Hospice, Hunterdon Medical Center, Flemington, NJ F
BILLINGS, J. ANDREW, MD, Director, Palliative Care Services, Massachusetts General Hospital; Associate Professor of Medicine, Co-Director, Harvard Medical School Center for Palliative Care; Boston, MA F
BERNACKI, RACHELLE, MD, MS, Director, of Quality Initiatives, Adult Palliative Care Services, Dana Farber Cancer Institute, Division of Aging, Brigham and Women's Hospital; Boston, MA F
BLACKWELL III, GEORGE, REV., DMin., Pastor, Good Neighbor Baptist Church, Newark, NJ F
CRAFTON, BARBARA, REV., Interim Rector, St. Luke's Episcopal Church, Metuchen, NJ F
DEVRIES, JAMES, REV., MDiv., BCC, Director, Pastoral Care & Chaplain, Hunterdon Hospice, Hunterdon Medical Center, Flemington, NJ F
FELL, JOHN N., REV. MSGR., STD, Episcopal Vicar for the Health Care Apostolate, Diocese of Metuchen; Pastor, Our Lady of Perpetual Help Parish, Bernardsville, NJ F
ROBBINS, NANCY H., MSW, LCSW, Palliative Services, Hunterdon Hospice, Hunterdon Medical Center, Flemington, NJ F
VAISBERG, DAVID, RABBI, Temple Emanu-El, Edison, NJ F

REGISTRATION INFORMATION

REGISTRATION FEE INCLUDES:

- **Conference Handouts** • **Buffet Luncheons (May 9 & 10)** • **Buffet Dinner (May 9)** • **Continental Breakfast (May 10th)** and **Daily Refreshment Breaks**

Early registration will be accepted until **Thursday, April 11, 2013**. Regular registration will be applicable after this date. **CANCELLATION POLICY:** Cancellations and requests for refunds will be accepted until the **April 25, 2013** registration deadline **minus a \$65 non-refundable administrative fee.** **(No Refunds Will be Granted After April 25, 2013).**

Early Bird and special discounted rates are available for two or more registrants registering for the same offering.

Discounted rates are available as follows:

Two or More Registrants (Same Offering Only).....5% Off*

**Registration Forms must be submitted together*

Additional discounts offered for larger group registrations. Please contact our office for details.

Professional Development & CME / tel: 732-632-1570 • fax: 732-767-2967

Please Note: In the event of course cancellation by JFK, the full registration fee will be refunded. JFK Medical Center/JFK Johnson Rehabilitation Institute regrets that in the event of cancellation, we are not able to assume liability for travel and lodging costs incurred. For further information, please telephone **Marianne Mohary** at **732-632-1570**. You may fax us at **732-767-2967** or E-mail: mmohary@jfkhealth.org.

Registrants are kindly requested to provide an e-mail address which they access on a regular basis.

Your cooperation in printing legibly will help to ensure that you receive all registration follow-up information.

CONFERENCE REGISTRATION FORM

COURSES IN END OF LIFE & PALLIATIVE CARE

(Please print or type name and credentials **EXACTLY** as you would like it to appear on the certificate of attendance.)

Name _____ (Credentials) _____

☐ **E-MAIL ADDRESS** _____

Registration confirmations will be via e-mail only from: mmohary@jfkhealth.org

Mailing Address _____

City _____ State _____ Zip _____

Employer* _____

Employer City/State _____

Daytime Phone # _____ Fax # _____

Special Needs and Dietary Requests _____

(If we are unable to accommodate your request, we will contact you)

*If JFK Health employee, Please Indicate Dept. _____

Ask Supervisor to Initial and Send to: **Marianne Mohary** in **Professional Development & CME**

(Please Note: Registrations will not be processed without approval)

PLEASE CHECK ONE CHOICE	Early Bird (By 4/11/13)	Regular
COURSES:		
_____ OPTION I FULL CONFERENCE (THURSDAY, MAY 9, 2013 (DAY & EVENING) & FRIDAY, MAY 10) ADVANCE CARE PLANNING; OVERCOMING OBSTACLES; & PALLIATIVE CARE	BEST DEAL!!!! ___ \$375 (Save \$135)	BEST DEAL!!!! ___ \$395 (Save \$140)
_____ OPTION II THURSDAY, MAY 9, 2013 (DAY ONLY) ADVANCE CARE PLANNING	___ \$190	___ \$195
_____ OPTION III - THURSDAY, MAY 9, 2013 (DAY AND EVENING WORKSHOP) ADVANCE CARE PLANNING; OVERCOMING OBSTACLES	___ \$235 (Save \$100)	___ \$245 (Save \$105)
_____ OPTION IV - FRIDAY, MAY 10, 2013 (ONLY) PALLIATIVE CARE	___ \$175	___ \$185
_____ OPTION V - THURSDAY, MAY 9, 2013 (DAY ONLY) & FRIDAY, MAY 10, 2013 ADVANCE CARE PLANNING & PALLIATIVE CARE	___ \$275 (Save \$90)	___ \$295 (Save \$85)
_____ OPTION VI - THURSDAY, MAY 9, 2013 (EVENING WORKSHOP ONLY) OVERCOMING OBSTACLES	___ \$145	___ \$155
_____ OPTION VII- THURSDAY EVENING, MAY 9, 2013 & FRIDAY, MAY 10, 2013 OVERCOMING OBSTACLES & PALLIATIVE CARE	___ \$235 (Save \$85)	___ \$245 (Save \$95)

Method of Payment: _____ Check Check #: _____ Credit Card (Visa or MasterCard ONLY) Type of Card: _____ Visa _____ MasterCard

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First three digits of billing address _____ Credit Card Authorization (Please sign) _____ Enclosed Tuition Fee: \$ _____

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AND MAIL TO: MARIANNE MOHARY / PROFESSIONAL DEVELOPMENT & CME

JFK JOHNSON REHABILITATION INSTITUTE - 65 JAMES STREET - EDISON, NJ 08818

PHONE: 732-632-1570 • FAX: 732-767-2967 • E-MAIL: mmohary@jfkhealth.org



65 James Street
Edison, NJ 08818

JFK MEDICAL CENTER is an affiliate of JFK Health System. JFK is a not-for-profit health system that encompasses a full service acute care hospital, long term care, assisted living, a surgery center, rehabilitation and the JFK-Muhlenberg Campus in Plainfield. JFK Health System is proud to provide healthcare services and so much more. From medical and dental services for the uninsured and underinsured, to health education and awareness programs, support groups, emergency preparedness training and community outreach, JFK is clearly focused on our Mission to provide quality and compassionate healthcare services to our many and diverse communities. JFK and their affiliates reach families in Middlesex, Union and Somerset counties and well beyond.

THE PALLIATIVE CARE TEAM at JFK Medical Center has been responding to inpatient palliative care needs throughout the hospital since 2010. This interdisciplinary team consists of board-certified hospice/palliative physicians, an advanced practice nurse, registered nurses, social workers, chaplains, and volunteers. Working very closely with the primary physicians, the team focuses on quality of life and symptom management during the journey through a life threatening illness a patient and family may be experiencing. Plans of care are highly individualized, frequently updated based upon needs, and depend upon the crucial family/significant input to ensure effective care planning. The future of palliative care at JFK Medical Center includes offering outpatient palliative services, creating hospice/palliative fellowships with family practice, and seeking Joint Commission certification for the palliative care program.

HAVEN-HOSPICE AT JFK MEDICAL CENTER is a special program for patients and families who are coping with a terminal illness. People turn to hospice care when more aggressive medical treatment is no longer available or desirable. The focus of hospice is on comfort. Services are custom-designed to support each family's unique needs, with an emphasis on offering individuals choice, dignity and respect. Hospice care is provided by an interdisciplinary team. Support services and support groups are available for families and patients not only on hospice but for patients experiencing life threatening illnesses.

TRAVEL INFORMATION

The **JFK Conference Center** is conveniently located in Central New Jersey, 45 minutes from midtown Manhattan, 20 minutes from Newark International Airport and 2 miles from the **METROPARK** train station (Iselin, NJ) which services Amtrak and NJ Transit lines. The Center is also readily accessible from the Garden State Parkway and the New Jersey Turnpike. Directions will be mailed with confirmation information.

Hotel Registration Form

COURSES IN END OF LIFE & PALLIATIVE CARE

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Crowne Plaza Hotel, Edison, NJ, until **Wed., April 24, 2013** for the **Courses In End of Life & Palliative Care Conference** at the following special conference rate: **(Please mention code: PAL and the conference title when making reservations)**

Room Rates:\$109 per night

The hotel will provide complimentary shuttle service to and from the JFK Conference Center, if you indicate your need below*. (Check availability & scheduled pick-up times at the front desk upon arrival). Kindly return hotel registration form to:

CROWNE PLAZA HOTEL, 2055 LINCOLN HWY,
EDISON, NJ 08817. •Phone: 732-287-3500 •Fax: 732-287-4549

(Please print or type)

Name _____

Employer _____

Phone _____

Fax _____

Mailing Address _____

City _____ State _____ Zip _____

Date of Arrival _____

Date of Departure _____

Shuttle Service: Indicate conference date(s) & am or pm time you will be using the hotel shuttle below: _____

Special Needs _____

ROOMS WILL BE HELD UNTIL 4 P.M. ON THE DATE OF CHECK IN UNLESS GUARANTEED. ALL MAJOR CREDIT CARDS ARE ACCEPTED. PLEASE TELEPHONE HOTEL IF YOU WILL BE ARRIVING AFTER 12 P.M.
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