

Quick Reference for Symptoms:

When to Call Your Healthcare Team

Symptom	Call 911 or go to ER	Call your Healthcare Team: 732-235-2465
Alertness	<ul style="list-style-type: none"> ◆ Unable to arouse or wake up ◆ Seizure ◆ Loss of movement in any part of your body 	<ul style="list-style-type: none"> ◆ New or increased confusion ◆ Change in vision ◆ Falling down ◆ New numbness or tingling ◆ Dizziness ◆ Major mood changes ◆ Sleeplessness ◆ Lethargic (extreme fatigue) ◆ Tremors/shakiness
Bleeding	<ul style="list-style-type: none"> ◆ Uncontrolled bleeding ◆ Vomiting of blood 	<ul style="list-style-type: none"> ◆ New or increased bleeding ◆ Bloody urine ◆ Coughing up blood ◆ Nosebleeds ◆ Dark or bloody stool ◆ Use of one or more feminine pads per hour ◆ New easy bruising ◆ Little red or purple spots on the skin ◆ Bleeding from gums
Breathing	<ul style="list-style-type: none"> ◆ Difficulty Breathing ◆ Choking 	<ul style="list-style-type: none"> ◆ Trouble breathing when lying flat ◆ Wheezing ◆ New or persistent continuous cough ◆ Increased shortness of breath ◆ Sharp pain when breathing in
Constipation		<ul style="list-style-type: none"> ◆ Constipation accompanied by a hard, tender, bloated abdomen ◆ Difficulty or painful passage of stools that are hard or dry ◆ No bowel movement for 3 or more days or change from baseline

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Diarrhea		<ul style="list-style-type: none"> ◆ Constant or uncontrolled diarrhea (> 3 times/day) ◆ Diarrhea with fever or abdominal cramping ◆ Signs of dehydration (excessive thirst, heart is racing or pounding, dizziness, dark-looking urine or less urine) ◆ Stool which is bloody or dark
Fatigue	<ul style="list-style-type: none"> ◆ Unable to wake up ◆ Lethargic (extreme fatigue), difficult to keep awake 	<ul style="list-style-type: none"> ◆ Dizziness ◆ Too tired to get out of bed or walk to the bathroom ◆ Shortness of breath ◆ Fatigue is getting worse
Infection	<ul style="list-style-type: none"> ◆ Lethargic (extreme fatigue), difficult to arouse ◆ Hematology patients on chemotherapy and post-transplant patients with a temperature <i>100.0 °F or above</i> 	<ul style="list-style-type: none"> ◆ Temperature 100.4 °F or above <i>***For Hematology Patients 100.0 °F</i> <i>***For Transplant Patients 100.0 °F – call or go to ER</i> ◆ Shaking chills even if temperature is normal ◆ Frequent urination with or without burning or discomfort ◆ New cough, sore throat, mouth/lip sores ◆ Mucus that has changed in color to green or yellow ◆ Earaches, headaches, stiff neck ◆ Toothache ◆ Cuts that won't heal or become red/swollen ◆ Unusual vaginal discharge or itching ◆ Sinus pain or pressure
IV Site Problems	<ul style="list-style-type: none"> ◆ Swelling and/or pain in the arm or around the neck 	<ul style="list-style-type: none"> ◆ New redness or swelling around area of IV or port site ◆ Pain around port-a-cath®, Hickman®, or PICC site or surrounding area
Mouth sores or sores in throat (mucositis or stomatitis)	<ul style="list-style-type: none"> ◆ Cannot swallow 	<ul style="list-style-type: none"> ◆ White patches, sores or painful areas in or around the mouth ◆ Difficulty swallowing food or fluid ◆ Bright red blood in mouth
Nausea/vomiting	<ul style="list-style-type: none"> ◆ Vomiting blood or vomit that looks like “coffee grounds” ◆ Projectile vomiting (vomit shoots out for a distance) 	<ul style="list-style-type: none"> ◆ Uncontrolled nausea or vomiting ◆ Severe stomach pain while vomiting ◆ Unable to take medicines due to nausea/vomiting

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Pain	<ul style="list-style-type: none"> ◆ Severe chest pain (squeezing or pressure in chest) ◆ Headache felt as being “the worst ever” ◆ Back pain with sudden weakness in legs, arms or unable to move legs 	<ul style="list-style-type: none"> ◆ New or uncontrolled pain with or without use of pain medicines ◆ Uncontrolled headaches ◆ Burning in chest or stomach ◆ New abdominal or back pain ◆ Sinus pain/eye pain or pressure ◆ New numbness/tingling in hands or feet
Rash		<ul style="list-style-type: none"> ◆ New or changes in skin rash ◆ Rash with severe pain, blisters or itching ◆ Redness and/or tenderness on palms or soles of feet
Swelling	<ul style="list-style-type: none"> ◆ Sudden swelling in any part of the body with or without pain 	<ul style="list-style-type: none"> ◆ Increased swelling
Urination		<ul style="list-style-type: none"> ◆ Trying but unable to urinate for more than 4 hours ◆ Change in color or blood in urine ◆ Painful urination ◆ Strong odor of urine ◆ Weak stream or dribbling while urinating

Any questions regarding symptoms you are experiencing, call your healthcare team at 732-235-2465 between the hours of 8:30am to 5:00pm.

Calls received after 5:00pm will be transferred to a healthcare provider.

If you are in need of immediate assistance, please call 732-235-2465 and select the option that best meets your needs.