

**Quick Reference for Symptoms:  
When to Call Your Healthcare Team**

Symptom	Dial 911 or go to ER	Dial the Nursing Help Line: 732-235-2465
<b>Alertness</b>	<ul style="list-style-type: none"> <li>◆ Unable to arouse or wake up</li> <li>◆ Seizure</li> <li>◆ Loss of movement in any part of your body</li> </ul>	<ul style="list-style-type: none"> <li>◆ New or increased confusion</li> <li>◆ Change in vision</li> <li>◆ Falling down</li> <li>◆ New numbness or tingling</li> <li>◆ Dizziness</li> <li>◆ Major mood changes</li> <li>◆ Sleeplessness</li> <li>◆ Lethargic (extreme fatigue)</li> <li>◆ Tremors/shakiness</li> </ul>
<b>Bleeding</b>	<ul style="list-style-type: none"> <li>◆ Uncontrolled bleeding</li> <li>◆ Vomiting of blood</li> </ul>	<ul style="list-style-type: none"> <li>◆ New or increased bleeding</li> <li>◆ Bloody urine</li> <li>◆ Coughing up blood</li> <li>◆ Nosebleeds</li> <li>◆ Dark or bloody stool</li> <li>◆ One or more feminine pad per hour is used</li> <li>◆ New easy bruising</li> <li>◆ Little red or purple spots on the skin</li> <li>◆ Bleeding from gums</li> </ul>
<b>Breathing</b>	<ul style="list-style-type: none"> <li>◆ Difficulty Breathing</li> <li>◆ Choking</li> </ul>	<ul style="list-style-type: none"> <li>◆ Trouble breathing when lying flat</li> <li>◆ Wheezing with breaths</li> <li>◆ New or persistent continuous cough</li> <li>◆ Increased shortness of breath</li> <li>◆ Sharp pain when breathing in</li> </ul>
<b>Constipation</b>		<ul style="list-style-type: none"> <li>◆ Constipation accompanied by a hard, tender, bloated abdomen</li> <li>◆ Difficulty or painful passage of stools that are hard or dry</li> <li>◆ No bowel movement for 3 or more days or change from baseline</li> </ul>

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<b>Diarrhea</b>		<ul style="list-style-type: none"> <li>◆ Constant or uncontrolled diarrhea (&gt; 3 times/day)</li> <li>◆ Diarrhea for more than 12 hours while on medication to stop it</li> <li>◆ Diarrhea with fever or abdominal cramping</li> <li>◆ Signs of dehydration (excessive thirst, palpitations, dizziness, dark-looking urine or less urine)</li> <li>◆ Stool which is bloody or dark</li> </ul>
<b>Fatigue</b>	<ul style="list-style-type: none"> <li>◆ Unable to wake up</li> <li>◆ Lethargic (extreme fatigue), difficult to keep awake</li> </ul>	<ul style="list-style-type: none"> <li>◆ Dizziness</li> <li>◆ Too tired to get out of bed or walk to the bathroom</li> <li>◆ Shortness of breath</li> <li>◆ Fatigue is getting worse</li> </ul>
<b>Infection</b>	<ul style="list-style-type: none"> <li>◆ Lethargic (extreme fatigue), difficult to arouse</li> <li>◆ Hematology and transplant patients on chemotherapy with a temperature <i>100.0 °F or above</i></li> </ul>	<ul style="list-style-type: none"> <li>◆ Temperature 100.4 °F or above <i>***For Hematology or Transplant Patients 100.0 °F</i></li> <li>◆ Shaking chills even if temperature is normal</li> <li>◆ Frequent urination with or without burning or discomfort</li> <li>◆ New cough, sore throat, mouth/lip sores</li> <li>◆ Mucus that has changed in color to green or yellow</li> <li>◆ Earaches, headaches, stiff neck</li> <li>◆ Toothache</li> <li>◆ Cuts that won't heal or become red/swollen</li> <li>◆ Unusual vaginal discharge or itching</li> <li>◆ Sinus pain or pressure</li> </ul>
<b>IV Site Problems</b>		<ul style="list-style-type: none"> <li>◆ New redness or swelling around area of IV or port site</li> <li>◆ Pain around port-a-cath, Hickman<sup>®</sup>, or PICC site or surrounding area</li> </ul>
<b>Mouth sores or sores in throat (mucositis or stomatitis)</b>	<ul style="list-style-type: none"> <li>◆ Cannot swallow</li> </ul>	<ul style="list-style-type: none"> <li>◆ White patches, sores or painful areas in or around the mouth</li> <li>◆ Difficulty swallowing food or fluid</li> <li>◆ Bright red blood in mouth</li> </ul>
<b>Nausea/vomiting</b>	<ul style="list-style-type: none"> <li>◆ Vomit blood or vomit that looks like "coffee grounds"</li> <li>◆ Projectile vomiting (vomit shoots out for a distance)</li> </ul>	<ul style="list-style-type: none"> <li>◆ Uncontrolled nausea or vomiting with or without medicine</li> <li>◆ Severe stomach pain while vomiting</li> <li>◆ Unable to take medicines due to nausea/vomiting</li> </ul>

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<b>Pain</b>	<ul style="list-style-type: none"> <li>◆ Severe chest pain (squeezing or pressure in chest)</li> <li>◆ Headache felt as being “the worst ever”</li> <li>◆ Back pain with sudden weakness in legs, arms or unable to move legs</li> </ul>	<ul style="list-style-type: none"> <li>◆ New or uncontrolled pain with or without use of pain medicines</li> <li>◆ Headaches not relieved with over-the-counter pain medicines</li> <li>◆ Burning in chest or stomach</li> <li>◆ New abdominal or back pains</li> <li>◆ Sinus pain/eye pain or pressure</li> <li>◆ Numbness/tingling in hands or feet</li> </ul>
<b>Rash</b>		<ul style="list-style-type: none"> <li>◆ New or changes in skin rash</li> <li>◆ Rash with severe pain, blisters or itching</li> <li>◆ Redness and/or tenderness on palms or soles of feet</li> </ul>
<b>Swelling</b>		<ul style="list-style-type: none"> <li>◆ Sudden swelling in any part of the body with or without pain</li> <li>◆ Increased swelling</li> </ul>
<b>Urination</b>		<ul style="list-style-type: none"> <li>◆ Trying but unable to urinate for more than 4 hours</li> <li>◆ Change in color or blood in urine</li> <li>◆ Painful urination</li> <li>◆ Strong odor of urine</li> <li>◆ Weak stream or dribbling while urinating</li> </ul>

**Any questions regarding symptoms you are experiencing, call the Nursing Help Line at 732-235-2465 between the hours of 8:30am to 5:00pm.**

**Calls received after 5:00pm will be transferred to the Physician/Nurse Practitioner On-Call.**

If you are having problems during business hours (8:30 a.m. to 5:00 p.m.), please call (732) 235-2465 and the operator will direct your call. If it is after business hours, on a holiday or weekend, please call the same number and our answering service will assist you.