

**Parking**

Please use the JCP&L/West garage. Use the Employee Entrance. You MUST follow the signs and park on the rooftop level. You will be provided with a voucher for parking at the conference. Handicap accessible parking is also available in this lot. Please ask for assistance if needed.

**Call for Abstracts**

Abstract guidelines: type in Arial 12 point font, approximately 500 words, single-space, must fit on one 8 x 11 page, word format. Please specify the category in the abstract (Clinical Trials/Studies, Quality Improvement, Evidence-Based Practice, Case Presentation, Studies using the Roy Adaptation Theory, or Student Projects/Studies).

**Poster boards are 4 x 8 feet**

Submissions should be sent to both [sabrina.zeller@atlanticealth.org](mailto:sabrina.zeller@atlanticealth.org) and [mildred.kowalski@atlanticealth.org](mailto:mildred.kowalski@atlanticealth.org). Call 973 971 4239 with questions.

**All submissions are due by July 31, 2014.**

**Conference Objectives:**

- 1) Describe the importance of evidence-based research related to patient outcomes.
- 2) Evaluate posters as a means to disseminate information.
- 3) Select a poster based on research design, methodology, topic of interest, and presentation of results and nursing implications
- 4) Appraise posters on how the presenter articulates the nursing theory involved in the project/study.
- 5) Explain how self-care agency is linked to nursing effectiveness.

6) Apply concepts presented in panel discussion to future projects and studies  
7). Utilize information provided in one of the following breakout sessions to:

- Implement a journal club in work or committee or group setting
- Analyze data in graphs and tables
- Recall information about a research project /plan/ study that will assist in future project planning
- Describe the steps involved in developing a study using integrative medicine

Continuing Nursing Education

Contact Hours: 7.0

Atlantic Health is an approved provider of Continuing nursing education by NJSNA, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P184-6/30-14.

**Please Register after July 16  
by phone at 1-800-247-9580 or**

**Online <http://calendar.atlanticealth.org/>**  
Nurses and healthcare professions \$100  
Full time Undergraduate students \$20  
AHS Employees no fee

All participants please register.

**Morristown Medical Center**

100 Madison Avenue  
Morristown, New Jersey 07960

For more information about our programs and services or to get directions to our facility, visit [atlanticealth.org](http://atlanticealth.org).

For a referral to an Atlantic Health System physician, call 1-800-247-9580.

# 9<sup>th</sup> Annual MMC Nursing Research Conference

**Monday September 15, 2014  
8 am to 4 pm**

Morristown Medical Center  
Malcolm Forbes Auditorium (Level B)  
100 Madison Avenue  
Morristown, New Jersey 07960

**Featuring**

**Bernadette Melnyk, PhD, RN,  
CPNP/PMHNP, FNAP, FAAN  
Ohio State University**

**Trish O'Keefe, PhD, RN, NE-BC  
Morristown Medical Center**

Continuing Nursing Education  
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**Morristown  
Medical Center**  
ATLANTIC HEALTH SYSTEM

**Agenda**

7:30 – 7:55 am  
**Registration and Continental Breakfast**

**Welcome**

8:00 – 9:30 am  
**Keynote Speaker**

Bernadette Melnyk, PhD, RN,  
 CPNP/PMHNP, FNAP, FAAN  
*Evidence-Based Practice and Research*

9:30 – 10:00 am  
**Posters**

10:00 – 11:30 am  
**Concurrent Breakout Sessions**

*Journal Club Start-Up – Logistics and Results*

*A Picture Speaks A Thousand Words – Using Graphs to Share Data*

*WorkGroup Project – An opportunity to participate in a group research project.*

*Walking through the Research Process - An Aromatherapy Study One Step at A Time – Renee Trambert, MPH, RN-C*

11:30 am - 1:00 pm  
**Posters/Hot Lunch Provided**

1:00 – 2:00 pm  
**Panel Discussion** – Challenges and Solutions to Conducting Nursing Research

Jane Smith, DNP, APN-BC, ONC  
*Little Things Make a Difference - A Systematic Review of Delirium*

Mary Loughran, MSN, RN, AHN-BC  
*Completing a Study – Against All Odds*

Roxanne Sabatini, MSN, RN-BC  
*When to Call for Help: Driving EBP through Simulation*

*Gayle Walker-Cillo, MSN/ED, RN, FAEN  
 A Safety Net for the Elderly in the ED*

2:00 – 3:00 pm  
**Highlighted Research Presentation**

Trish O’Keefe, PhD, RN, NE-BC  
*The Self-Care Agency Advantage – Caring for Yourself/Environment Matters*

3:00 – 3:30 pm  
**Awards**  
*Nurses’ Choice Award/Poster  
 Roy Adaptation Theory Award/Poster  
 Student Award/Poster*

*The Sodhani Foundation Nursing Awards*

3:30  
**Evaluation/Certificates**



**Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN**  
 Dr. Melnyk is an expert in evidence-based practice and intervention research. She is Associate Vice President for Health Promotion, University Chief Wellness Officer, and Dean of the College of Nursing at The Ohio State University. An author and international speaker, Dr. Melnyk was the 2013 Keynote Speaker for research at the ANCC Magnet Conference in Orlando, Florida.



**Trish O’Keefe, PhD, RN, NE-BC**  
 Dr. O’Keefe is the CNO and Chief Experience Officer at Morristown Medical Center (MMC). MMC has 650 beds. A transformational leader, Trish led MMC to a achieve ANCC Magnet Recognition® for the fourth time.