

Young and Strong Webcast Series: “Integrative Therapies and Breast Cancer”



Jennifer Ligibel, MD

Please join us for a live webcast on **Wednesday, September 20th from 12:00PM-1:00PM EST**. Jennifer Ligibel, MD will discuss, “Integrative Therapies and Breast Cancer.” Dr. Ligibel is the Director of the Leonard P. Zakim Center for Integrative Therapies and Healthy Living and a breast oncologist in the Susan F. Smith Center for Women's Cancers at Dana-Farber. In addition to her clinical work, she does extensive research on the benefits of exercise for cancer patients and survivors. Some of the topics she will discuss include:

- Reviewing integrative therapies such as acupuncture, massage, Reiki, meditation, creative arts, exercise and nutritional consultations.
- How integrative therapies can ease treatment related issues and improve quality of life by reducing nausea and pain, and lessen the anxiety associated with treatment.

Online registration is now open, please register at <https://tinyurl.com/ybr2vms6>