Tobacco Cessation Services
For the LGBTQ+ Community:
Working with Transgender Clients

→ If your program **does not** require legal/government documentation, transgender and non-transgender clients should **not** be asked to share their legal/government name.

→ If your program **does** require legal/government documentation, include a section on intake forms labeled “government/legal name,” along with a section labeled “preferred name.”

→ Always refer to transgender people using their preferred name.

→ Avoid “deadnaming” your transgender clients, or referring to a transgender person using their birth name instead of their preferred name.

→ Some transgender people may have changed their legal name to match their preferred name, and others may not have.

**Quick Tip:**

Sex assigned at birth, gender identity, and sexual orientation are three different things. Knowing one does not necessarily tell you anything about the others. In order to be trans-affirming, providers must take into account all aspects of a person’s identity.

Source: CDC, 2018

Source: CDC, 2020