

Tobacco Cessation Services For the LGBTQ+ Community: *Working with Transgender Clients*

- If your program **does not** require legal/government documentation, transgender and non-transgender clients should **not** be asked to share their legal/government name.
- If your program **does** require legal/government documentation, include a section on intake forms labeled "government/legal name," along with a section labeled "preferred name."
- Always refer to transgender people using their preferred name.
- Avoid "deadnaming" your transgender clients, or referring to a transgender person using their birth name instead of their preferred name.
- Some transgender people may have changed their legal name to match their preferred name, and others may not have.



Quick Tip:

Sex assigned at birth, gender identity, and sexual orientation are three different things.

Knowing one does not necessarily tell you anything about the others. In order to be trans-affirming, providers must take into account all aspects of a person's identity.



Source: CDC, 2020