

# Medical Bills and Health Insurance

When you call your insurance provider, always write down the date, time, and name and phone number of who you are speaking with. You may have more than one insurance provider, so write down the information for each. This will assist you in the future with quick reference and details about past conversations.

Insurance Provider	Insurance Plan Identification Number	Telephone Number(s)
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		<div></div> <div></div> <div></div>

Date / Time	Reason for Call	Insurance Provider / Name of Person Spoke With	Result

<b>Date / Time</b>	<b>Reason for Call</b>	<b>Insurance Provider / Name of Person Spoke With</b>	<b>Result</b>