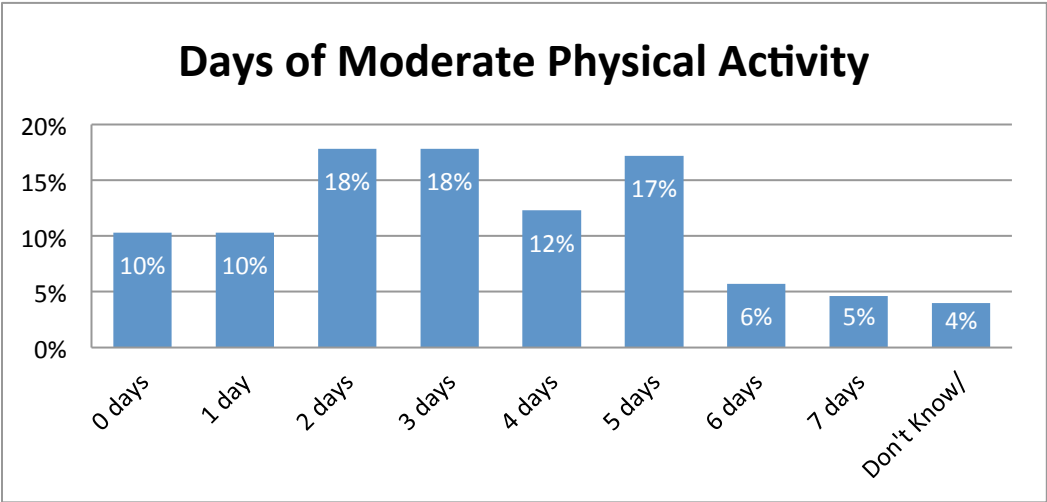
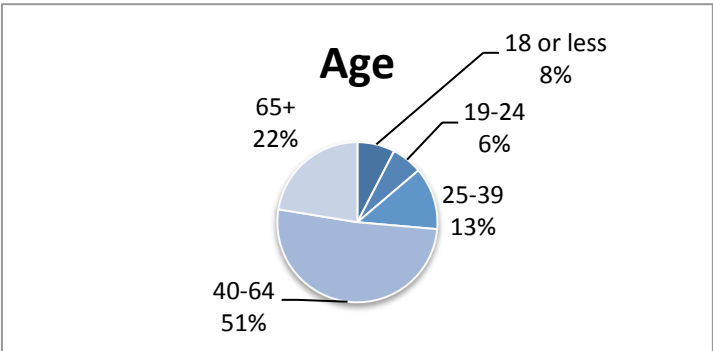
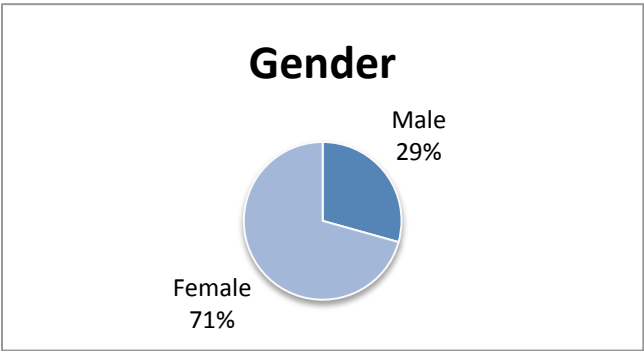


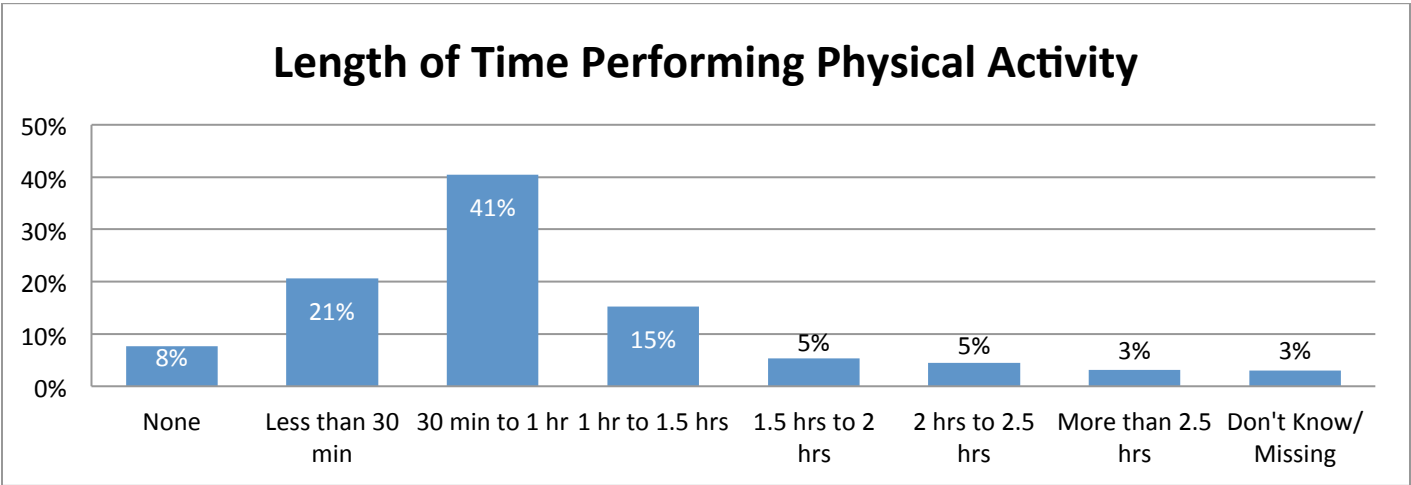
CONGREGATION ASSESSMENT REPORT

A total of 583 (out of 600) congregation assessment cards were returned, which is a response rate of 97%.

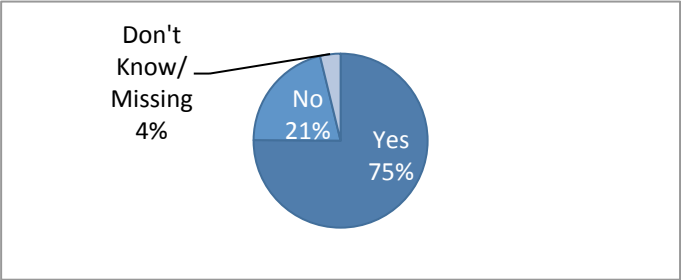


In a typical week, how many days do you do any physical activity or exercise of at least moderate intensity, such as brisk walking, bicycling/swimming at a regular pace, and heavy gardening?

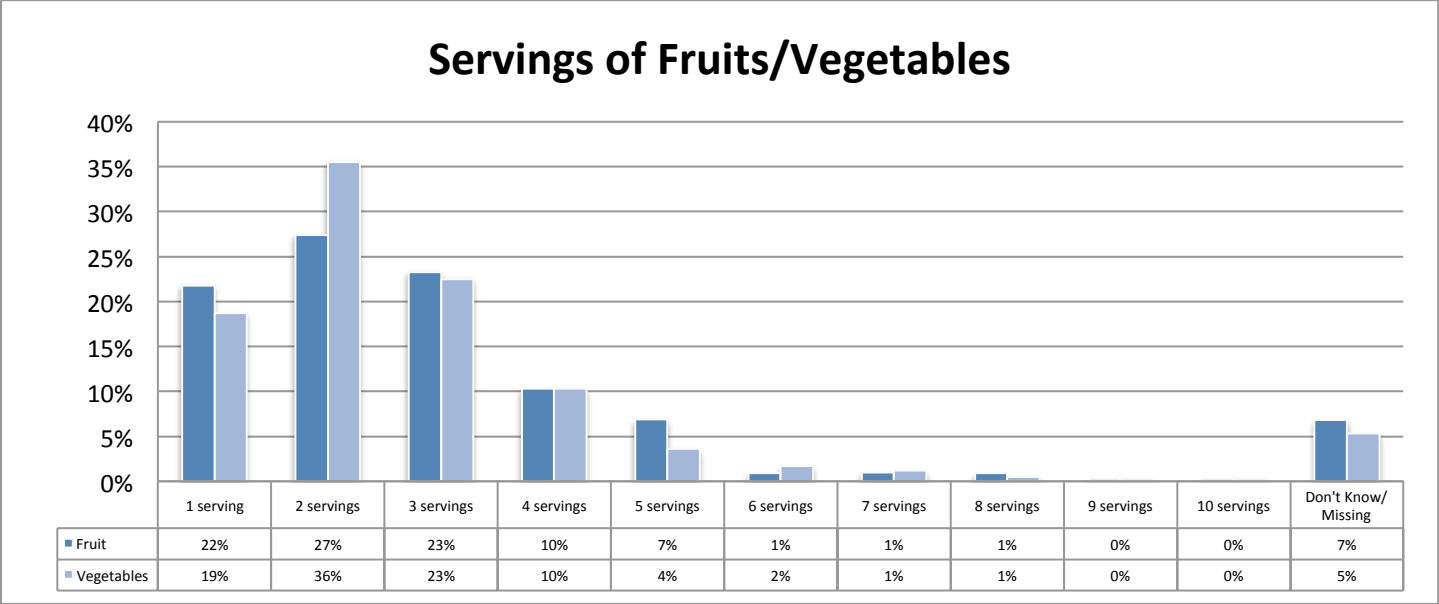
On the days that you do any physical activity or exercise of at least moderate activity, how long are you typically doing these activities?



During the last month, did you participate in any physical activities or exercises such as running, yoga, golf, gardening, or walking for exercise?



How many servings of fruits/vegetables do you usually eat or drink each day?



About how many cups of fruit/vegetables (including 100% pure fruit/vegetable juice) do you eat or drink each day?

