

# Introduction

This journal was designed to help you, your family, and your friends as you receive treatment for cancer. Information about diagnosis, treatment, medicines, tests, and insurance is very important to remember. Keeping track of this information, in the form of a diary, may improve communication with your entire healthcare team.

You may find all or part of this diary useful. You can follow the directions at the top of each page. It may be helpful for you to bring the diary with you to show your healthcare team how you are doing. If you need more diary pages, stop in the Resource and Learning Center and the staff will assist you.

It is our sincere hope that this diary will be of value to you.